Assemble/Install Guide

SWAY BAR END LINKS, REAR, MQB/ MQB EVO

MQB/MQB EVO Rear End Link Kit





O34Motorsport MQB Spherical Motorsport Rear Sway Bar End Links for Volkswagen & Audi MQB & MQB EVO vehicles are designed to be a direct, drop-in upgrade for the plastic factory end links! These end links replace the factory rubber bushings and plastic bodies to increase the effectiveness of the rear sway bar, and improve handling feel and performance. O34Motorsport MQB Audi/Volkswagen Rear Sway Bar End Links feature High-Strength Billet Aluminum Bodies, Stainless Steel Spacers, and Genuine Aurora Teflon-Lined Spherical Bearings to provide motorsport-level performance and quality.

Installation Spiciness Rating: MILD









Installation of your 034Motorsport Rear End Links are a straightforward process that will take approximately 1 hour to complete.

Supplied Parts:

- (2x) 034 end links with spherical bearings/retainers
- (2x) 034 Upper end link spacers
- (4x) 034 Lower end link spacers
- (2x) M10x50 Bolts
- (2x) M10 Nuts
- (2x) M8 Nuts

Tools Needed:

- 16mm Wrench
- 15mm Wrench
- (2x) 13mm Wrenches
- 8mm Allen Bit
- 6mm Triple-square Bit
- Torque Wrench

Getting Started

Confirm you have received all the parts included with your purchase by reading the complete guide, if there are missing components, please contact:

customerservice@034motorsport.com



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About This Guide

This Install Guide documents the installation process on a Mk7.5 VW GTI. There may be minor differences depending on specific vehicle, market, options, etc.

Install Steps

Step 1

Raise the vehicle to gain access to the rear suspension.

Step 2

Using two 13mm wrenches, remove the bolt and nut securing the bottom of the end link to the lower control arm.



Step 3

Using a 16mm wrench and 6mm triple square, remove the nut securing the upper end link to the rear sway bar.



Step 4

Assemble each 034 Spherical Rear Sway Bar End Link with two large spacers (402-Z011) at the bottom and one small spacer (402-Z010) at the top.



Step 5

Install the 034Motorsport End Link into the lower control arm with the two long spacers at the bottom. Secure using the factory bolt and supplied M8 lock nut. Torque to **35 Nm**.







Step 6

With a 15mm wrench and 8mm Allen, secure the top of the end link to the rear sway bar using the supplied M10 bolt, spacer, and M10 lock nut as shown below. With the suspension at full droop, this will max out the available articulation of the end links, and some force may be required to line up the holes on the sway bar and end links. With the suspension compressed at static ride height, the spherical bearings on the end links will be at their center position.

Torque to **45 Nm**.



Step 7

Repeat this process for the other side.

Step 8

Lower the car back down and you are done. Enjoy!

